

**THE MOUNT ROYAL FACULTY ASSOCIATION  
RELEASE OF LIABILITY, WAIVER OF CLAIMS AND  
ASSUMPTION OF RISKS AGREEMENT**  
(the "Release Agreement")

**BY SIGNING THIS DOCUMENT YOU WILL  
WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE  
RIGHT TO SUE OR CLAIM COMPENSATION  
FOLLOWING AN ACCIDENT**  
*PLEASE READ CAREFULLY!*

**Whereas** The Mount Royal Faculty Association (“MRFA”) has organized a “meditation” event facilitated by Brian Nichols to take place on April 26, 2022 (the “Meditation Activity”);

Participant:

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**KNOW ALL PERSONS BY THESE PRESENTS** that I, \_\_\_\_\_, for myself, my heirs, administrators, executors and assigns (hereinafter collectively referred to as the “**Releasor**”) for and in consideration of the privilege of participating in the Meditation Activities, do hereby remise, release and forever discharge MRFA, related corporations and societies, their heirs, executors, administrators, successors and assigns and each of them, their officers, directors, employees, agents and their respective administrators, executors, heirs, successors and assigns (all of whom are hereinafter collectively referred to as the “**Releasees**”) of and from all action and actions, cause and causes of actions, claims, demands, damages, costs, expenses, debts, dues and sums of money, whether all or any of the aforementioned be either known or unknown, whether pursuant to statute, at law or in equity which the Releasor ever had, now has, or shall, can or hereafter may have, arising out of any cause, matter or right in any way related to my participation in the Meditation Activities, including my transportation to and from the Meditation Activities, if applicable.

**ASSUMPTION OF RISKS**

I am aware that participating in Meditation Activities involves many risks, dangers and hazards including but not limited to: slips and falls; falls; slips and falls; over-exertion; failure to remain within designated areas; negligence of other participants or guides; and **NEGLIGENCE ON**

**THE PART OF THE RELEASEES, INCLUDING THE FAILURE ON THE PART OF THE RELEASEES TO TAKE REASONABLE STEPS TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF PARTICIPATING IN MEDITATION ACTIVITIES. I FREELY ACCEPT AND FULLY ASSUME ALL SUCH RISKS, DANGERS AND HAZARDS AND THE POSSIBILITY OF PERSONAL INJURY, DEATH, PROPERTY DAMAGE AND LOSS RESULTING THEREFROM.**

**RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT**

**TO WAIVE ANY AND ALL CLAIMS** that I have or may in the future have against the RELEASEES AND TO RELEASE THE RELEASEES from any and all liability for any loss, damage, expense or injury, including death, that I may suffer or that my next of kin may suffer, as a result of my participation in Meditation Activities, DUE TO ANY CAUSE WHATSOEVER, INCLUDING NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED UNDER THE ***OCCUPIERS LIABILITY ACT***, RSA 2000, c. O-4 ON THE PART OF THE RELEASEES, AND FURTHER INCLUDING THE FAILURE ON THE PART OF THE RELEASEES TO TAKE REASONABLE STEPS TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF PARTICIPATING IN THE MEDITATION ACTIVITIES REFERRED TO ABOVE

In entering into this Release Agreement I am not relying on any oral or written representations or statements made by the Releasees with respect to the safety of participating in Meditation Activities, other than what is set forth in this Release Agreement.

I have read the Release Agreement above, and agree to be bound by its terms on: \_\_\_\_\_

\_\_\_\_\_  
RELEASEOR SIGNATURE

\_\_\_\_\_  
WITNESS SIGNATURE

\_\_\_\_\_  
PRINT RELEASOR NAME:

\_\_\_\_\_  
PRINT WITNESS NAME: